



## VIRGINIA ASIAN FOUNDATION

In collaboration with  
The Virginia Department of Behavioral Health and Developmental Services,  
Office of Cultural & Linguistic Competency and Other Partners  
Proudly Presents the first Asian American Mental Health Education Forum in Virginia

# Eastern Beliefs and Mental Wellness: *A Common Ground of Understandings*



### Who should attend this Forum:

Asian community; Mainstream community;  
Clinicians, social workers, counselors, case  
managers, outreach workers, medical and  
health care professionals, teachers, attorneys,  
law enforcement community, those from the  
caring profession and anyone committed to  
Asian health issues.

### Speakers

#### **Cecily Rodriguez,**

Director, Office of Cultural & Linguistic  
Competence Department of Behavioral  
Health and Developmental Services

#### **Cary Bero,**

Clinical Supervisor, Henrico Area Mental  
Health & Retardation Services

#### **Nguyen Minh Ha,**

Global Research Manager, International  
Mission Board

#### **Nguyen Nhat Minh,**

Transportation Coordinator, Fairfax Fall  
Church Community Services Board

#### **Dixita Toprani,**

Instructor, The Art of Living

**Tuckahoe Public Library** October 20th, 2009  
*1901 Starling Drive*  
*Richmond, VA 23229-4564* 5:30 pm to 8:00 pm

**Contact person: Mr. Tinh Phan, Chairman,**  
Virginia Asian Foundation  
[www.va-asianfoundation.org](http://www.va-asianfoundation.org)

Space is limited. Please register by email at  
[vafoundation@hotmail.com](mailto:vafoundation@hotmail.com)  
For special accommodations, please call:  
804-798-3975